

How to Market for Sunday, Also Hints for Lenten Season Bargains

Prices for Fish, Vegetables and Other Foods, Including Fruits.

BY CHARLOTTE R. BANGS.

(Founder of Home Market Club.)
With the approach of Lent, the housewife's marketing will change somewhat. In buying fish at wholesale the Market Club has had the way to astonishing revelations. United almost to a man, the wholesale fish merchants will understand they are glad and willing to sell to consumers.

Here are prices from Greater New York's one big fish terminal, preparing for Lenten rush:

FULTON MARKET.
(Foot Fulton street.)

(Wholesale retail. Every day, Thursday special.)

Atlantic salmon, large, lb.	12.00	10.00
Atlantic salmon, small, lb.	10.00	8.00
Atlantic salmon, extra, lb.	15.00	12.00
Atlantic salmon, choice, lb.	18.00	15.00
Atlantic salmon, prime, lb.	20.00	18.00
Atlantic salmon, select, lb.	22.00	20.00
Atlantic salmon, extra, lb.	25.00	22.00
Atlantic salmon, choice, lb.	28.00	25.00
Atlantic salmon, prime, lb.	30.00	28.00
Atlantic salmon, select, lb.	32.00	30.00
Atlantic salmon, extra, lb.	35.00	32.00
Atlantic salmon, choice, lb.	38.00	35.00
Atlantic salmon, prime, lb.	40.00	38.00
Atlantic salmon, select, lb.	42.00	40.00
Atlantic salmon, extra, lb.	45.00	42.00
Atlantic salmon, choice, lb.	48.00	45.00
Atlantic salmon, prime, lb.	50.00	48.00
Atlantic salmon, select, lb.	52.00	50.00
Atlantic salmon, extra, lb.	55.00	52.00
Atlantic salmon, choice, lb.	58.00	55.00
Atlantic salmon, prime, lb.	60.00	58.00
Atlantic salmon, select, lb.	62.00	60.00
Atlantic salmon, extra, lb.	65.00	62.00
Atlantic salmon, choice, lb.	68.00	65.00
Atlantic salmon, prime, lb.	70.00	68.00
Atlantic salmon, select, lb.	72.00	70.00
Atlantic salmon, extra, lb.	75.00	72.00
Atlantic salmon, choice, lb.	78.00	75.00
Atlantic salmon, prime, lb.	80.00	78.00
Atlantic salmon, select, lb.	82.00	80.00
Atlantic salmon, extra, lb.	85.00	82.00
Atlantic salmon, choice, lb.	88.00	85.00
Atlantic salmon, prime, lb.	90.00	88.00
Atlantic salmon, select, lb.	92.00	90.00
Atlantic salmon, extra, lb.	95.00	92.00
Atlantic salmon, choice, lb.	98.00	95.00
Atlantic salmon, prime, lb.	100.00	98.00

Morning hours are best for marketing here. Prices vary, per weather and supply. Only 10 pounds or more of fish sold. Baskets or bags of clams, oysters, crabs, 20 pound boxes of smelts. One wholesale delivery. It is said that dark crab meat is tenderest, sweetest, saltiest. Unknown to consumers, therefore not sold by retailers. At Baltimore, Md., this dark crab meat is largely used for making a delicious "crab soup." Wholesale will arrange special express rates. Possibly the largest difference in buying fish commodities at wholesale is extreme cost quality. Retailers and peddlers offer the well inferior goods. "Green" fish and "brown" fish are very different. Retailers buying one barrel of oysters (200) for \$1 or \$4.50, or one-half cent each oyster, and selling 15 to 20 per quart at 40 cents per quart, make something like 20 cents to 25 cents per quart. An oyster dealer charges 10 cents per 100 for opening oysters. Lobster is so high priced, many retailers do not buy any.

Fulton Market also offers prices in staple foods:

Best butter, lb.	24.00
Good butter, lb.	22.00
Fair butter, lb.	20.00
Low butter, lb.	18.00
Best lard, lb.	12.00
Good lard, lb.	10.00
Fair lard, lb.	8.00
Low lard, lb.	6.00
Best sugar, lb.	10.00
Good sugar, lb.	8.00
Fair sugar, lb.	6.00
Low sugar, lb.	4.00

POULTRY—It is about the end of the spring crop, but markets offer many bargains in good, medium, poor birds.

Broiler (12 in. long), lb.	12.00
Broiler (14 in. long), lb.	14.00
Broiler (16 in. long), lb.	16.00
Broiler (18 in. long), lb.	18.00
Broiler (20 in. long), lb.	20.00
Broiler (22 in. long), lb.	22.00
Broiler (24 in. long), lb.	24.00
Broiler (26 in. long), lb.	26.00
Broiler (28 in. long), lb.	28.00
Broiler (30 in. long), lb.	30.00

BUTTER—Best grades stationary in price. Lower grades are retelling at lower prices than previously, but it might be poor butter reconstructed, no grade stated.

Wholesale, Retail.	
Best butter, lb.	24.00
Good butter, lb.	22.00
Fair butter, lb.	20.00
Low butter, lb.	18.00

EGGS—Cold weather may cause a slight advance in fresh egg prices, but only temporary. The market has really plenty. Best fresh eggs are no longer called white leghorns. 'Tis either "large," small, white or brown. Here are prices:

Wholesale, Retail.	
White, large, doz.	20.00
White, small, doz.	18.00
Brown, large, doz.	18.00
Brown, small, doz.	16.00

"Cravenette"
REG. U. S. A. PAT. OFF.

The Only Guaranteed Waterproof

Should a "Cravenette" Rain Coat at any time prove unsatisfactory as to its rain shedding quality, if sent by parcel post or express (prepaid) to 8th and Madison Streets, Hoboken, New Jersey, we will give it our "Cravenette" press and return it by parcel post or express (prepaid) making no charge for doing this.

We will "Cravenette" and dry clean any other garment that does not contain rubber, for which there will be a charge from \$3.00 for an ordinary Rain Coat to \$4.00 or \$5.00 for Men's and Women's Suits and Special garments.

Always fasten a tag in button hole of the garment with your name and address written plainly on it and write us when shipping same.

Please note that our guarantee covers only the rain-shedding quality of the garment.

You can arrange for this with the Retail Merchant of whom you purchased your coat, and we prefer that you should do so.

Cravenette Co., USA.
PROOFING WORKS: 8th AND MADISON STS., HOBOKEN, N. J.

A garment made of a Cravenette Cloth has this circular registered trade mark stamped on the inside and a "Cravenette" label sewed at the collar or elsewhere.

GRAVENETTE CO. LTD. B. PRIESTLEY & CO. GRAVENETTE CO., U. S. A. BRADFORD, ENGLAND. BRADFORD, ENGLAND. HOBOKEN, N. J.

Some poor qualities at \$2.25 box. GRAPEFRUIT—Excellent quality; some skins discolored, but grade not injured. Prices from \$1.50 to \$2.50 box. Plenty in market.

TANGERINES—Not so plentiful. Prices average \$1 to \$2.50 per "straw," or one-half large box.

PINEAPPLES—Wholesalers wish the retailer would cut prices to help move market supplies. Quality is A1 and wholesale prices cheap. Large sized pine are wisest investment for the housewife, i. e., fewer to a box, but less wasted in tops and skins. Puerto Rico, Cuba and Florida send this fruit. Prices, \$1.50 to \$2 box. Retail prices average nearly double.

STRAWBERRIES—Getting more plentiful and cheaper. Quart boxes at 20 to 40 cents, retail at 40 to 75 cents a quart.

APPLES—Caterers and chefs of big hotels are now using this fruit for "salad," combined with lettuce leaves and a mild dressing. Meantime, many bargains in apples are to be had at wholesale, prices from \$1.75 to \$3 barrel, with some "fancy" at \$4, retailing at \$2.50 per barrel, or 35 cents a dozen.

VEGETABLES—Lenders and bargains offer in spinach, kale, onions, eggplants, peppers, beets, cabbage, lettuce, celery and beans.

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